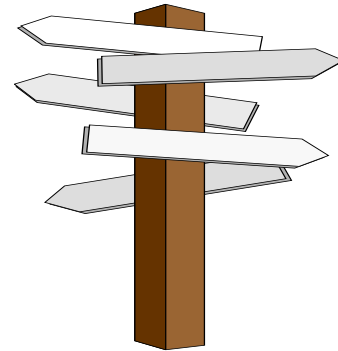


Chaneeg Chaneesch Newsletter

Volume 6 Issue 1 Spring 2005

Memos

- ☞ Reminder: Chaneeg Chaneesch has a prayer board in the communication room. Feel free to add to it or pick up a few people to pray for! Please pray every day. It is one way to stay connected w/ your community!
- ☞ Monthly pipe circle has been moved to Chaneeg Chaneesch with Bright Owl or other pipe carrying guests leading the ceremony.
- ☞ You are invited to once again visit our website: the webmaster has updated the Chaneeg Chaneesch section and put up some pictures! Coming soon to this website: the history of Chaneeg Chaneesch! (This by popular request)
- ☞ Our Website:
<http://home.earthlink.net/~owlchild/>



Changes on the land

- ☞ Over the winter Bright Owl and Barry have brought Chickens, who are starting to lay eggs, and have improved the gardens immensely. All community members are invited to come work in our organic garden and enjoy the bounty of their labor
- ☞ The new 'workshop' is now called the bubble tipi and Larz, Phanta and the children have moved in.
- ☞ The low side of the barn is slowly being converted into a woodworking and metal working shop. Bright Owl and Barry have set up an area on the end of the big side for pottery supplies; stained glass and candle making are also options.
- ☞ The huge metal pile on the barn corner of the driveway has been removed and is now being recycled back into useful things!

Population Explosion at Chaneeg Chaneesch

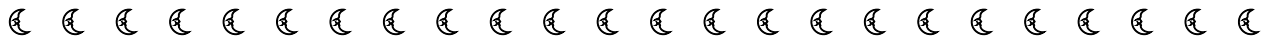
Remember when I said manifesting clear intent is easier or quicker now?

We asked for a tribal community and we got it! It happened so fast We had no time to think about how that would happen. It just happened, quantum leap, look out! In residence we now have a grandmother and a grandfather, a young couple and two young children, a mature aunt / sister, a youngish uncle / brother, and Kris! 9 of us! We have two committed sets of life partners and 2 more adults open to the same (though not with each other). The energy mix is very interesting to me, and I think, to all of us. We are learning all kinds of things about ourselves in relationship to so many people. At times, it is challenging for all of us; so far, we each have been very creative with coping with it. The diversity of ages and experiences, talents and abilities seems to mean every needed job has a willing foreperson and several helpers.

Tribal living means extended chosen family, here at Chaneeg Chaneesch (realizing creator is in charge of the choosing!), We are all sharing kitchen/ laundry/ and bathroom facilities. The kitchen dance sees us with many different meal times/ cooking times/ sit-at-the-now-extended table times. It also means dishes are constantly being washed as we are trying to always clean up after ourselves. I think we are doing a great job of weaving cupboard space and pantry space to take care of all our needs in our kitchen dance.

Village / tribe/ family is the way to get through the changes. Having a common spiritual intent is part of the thread of our weaving. The buttons we learn to push for each other in an atmosphere of acceptance / tolerance / love / caring become the growth points they were designed to be. Quiet talks in twos or threes become places to practice and confirm what we feel we have learned. Don't think there are no moments of anger or sadness or reassessment about a choice to be here; or no moments of too much noise or too much quiet or jangled nerves or actions out-of-sync with the group. In other words, our dog is more doggier than anywhere else, our matriarch more Archie, our grandfather more teasing and sagely, our willow witch more witchy, our kids more kiddish, our relatives more relating, our emotions more mixed, more volatile, more fluid, more loving, more expressed. When we have all learned to have harmony with each other and the mother in the chaotic order of the world of Chaneeg Chaneesch. the war in Iraq will likely be able to cease. After all Peace really does begin at home. May the tribe live long and prosper! The force be with us!

Grandmother Buhmuh



THANK YOU - THANK YOU - THANK YOU

To all of you who have been supporting the land title with your greenbacks and frogskins: This is truly one way to feed this source of your spiritual experience. Some folks say such action is a necessary energy exchange. I like to look at it as a way to say thank you when your spiritual energy bucket fills up and spills over here. When I do something that feels really good, I love doing it again and again. Your spill over is helping this sacred place and these beautiful people who gather here to be able to continue being here.

This said, please notice when you come again that among all the other things evolving is our donation bags. 3 of them now hang on hooks on the wall above the circle altar in the community house gathering room. The red one used to be the J fund and has become the Land fund, which contributes to our title security, & loans each month (helping to pay these down). The white one is still for our Elder family. We still owe about \$100 for the mailing fees covered by others this last Christmas. The green/ black bag is for our circle ceremonial needs: Wood for the sweats, publishing the newsletter (each quarter this runs about \$200), candles and other miscellaneous needs. Each bag is labeled for your convenience. Many blessings of abundance be with each of you and each bag on our wall!

"" Grandmother Buhmuh



Thoughts on The Way of the Warrior (from Larz)

By the time this newsletter comes out I will have completed my warrior run. Many people ask me about the way of the warrior, yet I have never found a book that really gives the explanation that I see and feel. Here are a few of my very limited and all too human thoughts on such a vast subject:

It starts with some very basic premises:

Your word, your actions and your life are all you really have that are truly yours. Everything else is provided by Mother Earth (air, liquids, food, shelter, etc.) and as she can provide, she can just as easily take it all away. I know things aren't right and with guidance from above, I know that this one will be doing something to make it better. But it takes three (simple to type - hard to live) precepts:

I am good on my word.

My actions speak louder than my words.

I have nothing to give but my life.

My word is the best I can offer at any given situation and if I give my word I own up to that. I think my Father helped influence this a lot, as if I broke something and admitted it, it was far better than trying to cover it up. But this also extends deeper and further than that. If I say I'll be somewhere to help – I will AND at the time I said I would be there. Sure occasionally life throws a curve ball and I can't be there or be on time but that is a rare exception. I call and let the person expecting me know. People who repeatedly give their word only to break it, seem rude and selfish to me. We all know people like that, promise to be there, to help, to be on time then flake out. I don't want to be known that way, I want to be someone that makes a difference and can be counted on whether it's a small task or a matter of life and death.

My actions are the biggest thing I can work on to change the world. When it comes to think globally / act locally - One cannot get more local than themselves! As a parable says: "How can you pull the speck from my eye until you remove the log from your own?" If I'm not taking truthful, good and healthy actions with myself what good am I to anyone else? If all of us worked on our own caca, instead of focusing on everyone else's caca, what kind of world would that be? So what kind of caca am I talking about? Self-deception, self abuse self indulgent, etc. and the common thread is self - or selfishness.

This one is a part of the circle of the universe no more no less = selflessness. Neither sitting above nor below, I strive to be equal to & in balance with creation.

How do I personally work on this difficult task? – Yoga, meditation, affirmations, and other self-disciplines. Is it easy? Hell No! Do I not feel like flaking out on doing all these things? Yes, but I know that it is my smaller self, my selfish self, that fights against the higher me and yes it is a battle at times! Talk about warrior, how big of a war can one have except that which is within yourself?! Am I clean in body, mind and thought? Am I free of drugs, alcohol, nicotine, caffeine and other addictions? Do I beat up on myself and think negative thoughts? What are my use of words, my actions & deeds like if I'm unclean, addictive and feeding bad and negative thoughts to myself? But also one cannot get so caught up on my own caca that I forget to be compassionate and helpful to others! A teacher said: "Those who say they must work on themselves first never get to others. Those who do for others always get healed in the process." Next, moving into my immediate surroundings I think of my room. My space is a reflection of me and that also effects the world. What am I reflecting to the world? Is there order or chaos? Loving beauty or dying plants? Are things falling apart, out of order, never used, rotting under furniture, does it stink? OR are things in order, appreciated, used, beautiful, plants growing, smudge or incense burning? Again I try to think of the micro to macrocosm effect - what energy am I putting out there? Furniture made of endangered woods, plastics and particleboard off gassing - god knows what? This is not to say that one need to live in a way with no belongings or that everything has to be recycled – it just a mechanism to get this one thinking about ones personal impact. What about the yard outside my window? Perhaps I don't own the place I'm in but odds are if I am willing to beautify it, the owner will not argue with cleaning up wastes, planting flowers, etc. The

more one has - the more one is responsible for, so I have paired down my life to minimize my impact and what I have I can utilize in a good way.

Externally things get much more complicated but a healthy mixture of responsibility, chivalry (Webster's defines chivalry: honesty, bravery, courtesy and protection of the weak), consciousness and conscientiousness go a long way. I try to live by this mixture of ethics in my daily lifestyle – with every breath, every step. I cannot go by a person polluting, beating a dog, abusing child or abusing another person without saying or doing something. Sure it may cost me **my life** one-day but I rather die awake than live asleep! I try to pick up trash often but then there is a sea of it everywhere I look, so a balance is needed as to where I put my energy. I always try my hardest to meet expectations others have of me. This makes me responsible and by being responsible more is expected. It also must be said that it's important to know when to say: "No, I cannot do this thing." And not to let oneself be manipulated because *others* are not doing. Work the fields where the crops can grow!

Being conscious at all times is a lot harder than you think; it's a lot more than just waking up in the morning! Say two good friends are at it, each has their valid point and I get pulled into the middle. Now each expects me to make judgements – how do I stay in a conscious and conscientious way with that?! Another act of consciousness: do I leave every space I touch better than when I arrived? Chief Seattle once said: "leave nothing but footprints". Taking that to its logical conclusion - if I was to cross over today – do I think my footprint over the years I lived would be a small one? Sure a lot of people recycle but how can I pre-cycle? I try to buy things that are really necessary and are packaged in the least damaging way. Sure this is difficult in today's plastic world but I'll keep trying! Where did it come from – sweatshops in China? I turn off lights and electronics when not in use. Here's a trick every time I see an electronic device that's on that is not in use I imagine that part of its voltage is flowing through an animal! Bzzzzap! Makes me shut things off post haste! I plan my travel routes to minimize gas usage. I'm still working on committing to walk or ride my bike as a feasible alternative to using combustion vehicles, so I'm not perfect by far!

What about the children and elders? We all were children once and all will be elders one day – why marginalize this? In the prevalent society they are isolated and ignored. To me this is foolishness, childhood is all too short and should be celebrated and protected. I love playing with the children, it gives me an excuse to be a kid again and they love it that I'm being a goof ball instead of an adult with them!. Our elders are where our wisdom, history and teachings lie. I really try my hardest to listen to what the elders tell me and apply that to my life. They've been there, done that, why should I have to do everything via hard knocks? Why do we have to wait until they ask for something? They should not have to stand in line for food, etc. I like to try to make their golden years as comfortable as possible and can only pray that others will treat me with respect when my day comes. And again there are elders & kids that are abusive of kindness so it must be a balance of respect and knowing when to say when.

What about the homeless? This is always a tough one, if I give them some money is it buying drugs and alcohol? Could I be aiding a psychopath? On the other hand they are humans and need acknowledgement too! When I feel their energy is good, I tend to buy groceries and give them some of my time – just to let them know someone will listen. From time to time I've donated time for homeless, elder care, children, environmental funds and other organizations.

What about politics? I've heard *way, way* too many people saying not to mix spirituality and politics! But I never heard that from any of my elders or teachers! Besides, guess what the religious right is doing? If we are not part of the solution, surely we are part of the problem. Why else would we have leaders like Bush or Reagan? If every woman voted for women, there would be no men in the senate, house or White House. The same could be said for Chicanos or Afro-Americans. The truth is 70-85% of us do not vote, and don't get involved because we are programmed to believe it will not make a difference. There are 12-15% that *always* vote to elect the fervent right and they are running (ruining) the show because the rest of us are too complacent to vote. Argh it is so frustrating! While I agree with those who say politics will not solve a lot of our problems, I still believe we can minimize the impact to the problem that politics causes.

Other thoughts on the way of the warrior:

- I was told, decades ago, the way of the warrior is to think a problem through from every possible angle. Once the problem is believed to be thoroughly thought through, the warrior then goes to their council, elders or sages and presents the case fully so as to see if there are any sides missing. (Obviously this method of doing things is not for little things like which ice cream to eat!). After the council, elders or sages put in their two cents, then these things are thought through as well and a decision is made and this is stuck with. This is where the saying “Don’t cross horses mid stream comes from.” Even if another horse appears healthier, faster, stronger- you stick with your original decision. The other horse could be an illusion or a trick to steer you off your course! I’ve lived this way ever since I learned about it and have never made a decision I regretted!
- All too often, I hear that the way of the warrior is about offense and defense, weaponry, strategy and tactics. Yes a warrior should know about these things but equally so about building, creating peace and healing. The Roman legionnaires who built the aqueducts, saunas and stadiums, were herbalists and healers. It is most important to know that the first battle, biggest battle, and the one most often fought – is the battle within. Grandfather Stalking Wolf said the first thing a true warrior picks up is not the lance and shield but a chalice of love and understanding. OhShinnah Fastwolf tells how a true warrior backs down, avoids conflict and backs down again and again. Only when there is absolutely no alternative, does a warrior drive a stake in the ground & ties their leg to it. Only at this point he cries: “You have forced me to make this a matter of life and death, do you really want to go there?” Warriors do not seek out fights, there is enough to work on internally & just within their realm of influence with love!

Do I make mistakes? You betcha! I’m all too human with its the foibles & ego that I must constantly contend with. It seems the finest line between self bashing and standing on the box. I am not greater than a grain of dust yet not less than a star in the heavens. I try my hardest to rise above myself, get out of my own way and let Spirit guide me. Thy will be done- not mine. I want this life to make a difference and I wish to obtain the highest level of enlightenment possible within the time creation allows me in this form. I will try my hardest to be conscious and conscientious, to honor the children and the elders, and to protect the environment. I will heal whomever / whatever / wherever I can (though I am not a healer), help others to understand another way of being selfless (though I am no teacher) and fight evil wherever I may encounter it (though I am a pitiful warrior). I will make all critical decisions in a good way using the way of the warrior (though I am no leader). To this one the most important thing is this:

My word, my actions and my life are all I really have that are truly mine. I know things in the world aren’t right. Through the power and guidance of the Great Mystery, I will use my words in a good way, do actions that are in line with unconditional love, compassion, kindness and will not fear (even my death) if I am fighting against evil. I know in my heart that with Creators guidance and power that this one will personally be doing something to make it right!

**Blessings to you
- Larz**



Children At Chaneeg Chaneesch

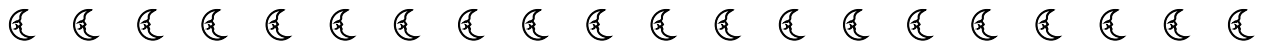
In the fifth level world, we are creating / affirming children are definitely included! This became so clear when the children came to live on the land with their mother Phanta. Since Creator is in charge here, there is no knowing if this is permanent or not and that is not even a concern. (If they are here temporarily, we must hurry up and enjoy them!) Residents or not they are part of our community. Other parents have also been asking about what we have to offer children. Our heads have been whirling with the wonder of how to welcome them and help them learn to walk in beauty and harmony while they are here and while they are wherever they are.

So we have several new happenings coming up just for kids. Barry and Bright Owl are building a swing / climbing set! It can handle 11 kids at once. (Perhaps by doing this we are calling 11 kids to the land!). In the garden, several raised beds are being dedicated to and given to the children of CC. If you want your kid(s) to garden the land, come help us put the compost and soil in the beds and get them ready for planting.

Bring your child's favorite seeds. Each time we go into the garden, we greet the Earth mound and say prayers for Mother Earth. Let your children come learn how to do this, bring a little corn meal for offerings, learn the garden song from Grandmother. Share your garden songs, the plants love to be sung to!

If you have suggestions or would like to volunteer, please call CC and talk with me about your ideas. We like our doing to be done together with someone else. The children of these times are in greater jeopardy and better potential than ever before. One of my ideas, have part of children's day be devoted to children's wisdom. Grandmother Buhmuh wants to talk to the children about *their* ideas of how to make a better world. Want to come and ask questions of the children?! Stay Tuned. Future newsletters may have a Children's section.

Love, Grandmother Buhmuh



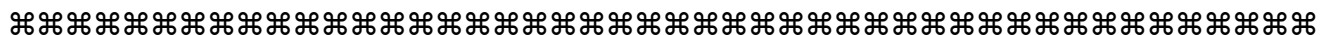
What More Can I do?

Spring is almost here; we have passed embolic the midway point nearly a month ago. At that time, the new hens had just begun producing eggs. At first one egg then two and now sometimes as many as five per day. Pretty good for inexperienced beginners. The forsythia by the front door was just starting to show yellow and now the promise is all but fulfilled. Too cool! It's very reassuring to me that in these confusing and very scary times we have these touchstones of normalcy and sanity.

Vickie Noble spoke at WOW recently and in the question and answer part a woman got up to speak. The pain in her heart was clear in her voice and bearing as she asked: "What more can I do? I am working on myself to clear myself and raise my vibration and I am working hard at it and it doesn't seem enough, what more can I do?" Vickie's answer to her was that it is about all anyone can do. "Stay aware of what's going on without becoming desensitized. Do your clearing and your daily practices to keep you own vibration up. And come together in ceremony for that is what will replenish you."

Good advice all of this, to stay aware means that less and less will you be projecting your shadow onto others. To keep your own vibration at a higher level makes it easier for those around you to do the same. To come together in ceremony is another touchstone. One that says I am not alone, I am connected to others like me, I am connected to spirit and Mother Earth and there are still sane and joyful spaces left. Come and hold hands in circle and create ceremony with us.

Namaste Mahala



Weather, Water & the Nature of things

It is usual this time of year to see cold winds, icy rain or snow sun patches and pools of water in the garden and barnyard. Not a time for acute gardening, Rather a time to read seed catalogs with your feet up in front of the fire snuggled into your mate's tummy.

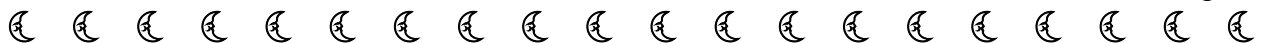
This is Earth Changes, however. It is El Nino and warm winds and mud. Sun Bear told us to listen to the mother to know what to do & where to be during the changes, because unusual weather would be very difficult maybe even cataclysmic.

Here at Chaneeg Chaneesch, the warmer weather would seem to be saying we're having an early spring. Activity in the garden is definitely called for. The raised beds are being constructed, placed and filled with compost and good soil. Peas can usually be planted in February. Our organic garden consultants tell us that the compost in the bottom of the bed will warm the soil and give our plants more BTUs. Also, having raised beds (16" on a side) means if we get another big frost, we can run out and throw a tarp over them, maybe saving our baby plants. So peas will be the first things to be planted. Also garlic, lettuce, carrots, radishes, spinach, and other greens. We also have a bed for sweet grass plants Mahala brought in and for tobacco from Carole.

With Barry's and Richard's hard work many many blackberries have been removed and burned. Most of the weedy garden was put under black plastic and cardboard. After a few weeks, opening a hole for a raise bed will find willing nude soil and earthworms. We are now finding nests of earthworms and oodles of Jerusalem artichokes in the old compost area. Each nest is finding a new home in one of the raised beds. Many artichokes are in a bucket in the mudroom near the kitchen. Please, feel free to take some home with you next time you come, to eat or to plant! Please be sure to plant them away from other garden areas, as they have a tendency to take over in this climate. They are sweet, nutty, crunchy and delicious! I munch on them at work.

Remember: this is **our** garden, come help with the labor and reap the rewards! I expect we'll produce a lot of everything even if the weather is screwy! When you come, please ask about what is available and pull a few weeds. I envision a garden shed at the edge of the garden with extra produce in it!

Grandmother Bright Owl



WE ARE TRULY NOT ALONE

Hello all you fellow Chaneeg Chaneeschers. My name is Rich and for those of you I haven't met, I'm one of the newest residents here at Chaneeg Chaneesch. CC has been my new home since a few days before Christmas. Bright Owl asked me several weeks ago to write a blurb for the newsletter. To do that, I essentially wanted to answer the following question for myself and then share it with all of you. The question was "what is it about life at CC that has most impacted and altered my being and life for the positive?" I threw that question out to the Universe and waited for the inspiration. The answer and the inspiration finally came in the form of an interesting experience last night that I'd like to share with all of you.

Last night I was dealing with upset. The details of that upset are not important, what is important is that I was sitting dead-center, bullseye, right in the middle of STUFF. Old stuff, dark stuff, yucky stuff... whatever you want to call it, I was covered in it, and very much on the verge of freaking out. In sharp contrast to my old way of "suffering in solitude" and trying to "think my way out of it," I decided instead to use some of the many resources that I have here at CC. I took some cornmeal and visited the medicine wheel and sat with the Creator stone in the rain for a while. I sat with Creator until the idea came to me to go talk to Mahala about what I was going through. So I attempted to do just that. I use the word "attempted" because I walked past her door several times unable to knock, my old program of "I

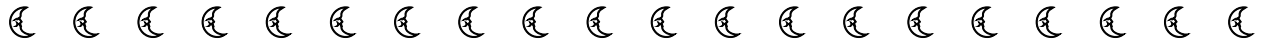
reigning and in light of El Nino, which is only someone's idea of why our weather is so warm at an unseasonable time, how do I talk about spring 2005?

In old predictable times, winter is a time to go within your warm safe house and renew your energy. Outside is cold and snow and dark. Inside by the fire you can strengthen what you have learned works for you and wash away in a hotbath anything that doesn't. You can sleep long hours; dream medicine dreams and talk to our elders gone by: Awakening to be refreshed for a new day, purer of heart and spirit.

We gather the energy of the quiet Earth in this time as the seeds do. Deep in the soil, protected from the cold, they slowly swell with the lifeblood of the Mother, waiting for the warmth of a spring melt to bring their green shoots up out of the Earth. Our usual spring brings energy of new beginnings and fresh starts. Spring is when we can begin to manifest in the world the new steps we have become aware that we want to walk in the world.

In these times of warm winter and an early-awakened garden, of blossoms prematurely blooming on cherry and then other fruit trees, what is the energy besides chaos? Like the Guinea and the Roosters, and like the Elder Brothers, just like them it is important to the balance of the Mother for us to say our prayers of thank you to all in the kingdoms of the Mother. Especially, those who giveaway to be our food and our heat and who gift us with their beauty. Everyday we must sing and laugh and cry and flow. All these things help the balance of the Mother. Everyday we must relax into the harmony that is natural to us instead of the striving to justify our existence. These things help the balance of the Mother. This is the work that is ours to do that we neglect. Our routines and usual habits may need to change in these changing times. When we are in harmony and daily listening to the Mother, we will know what needs to be done, daily. Thus the garden is calling to us to get the boxes for the raised beds ready and start to plant the seeds than can tolerate a possible late frost or sudden weather change. The children are calling for the swing set! Bills still need to be paid, hugs need to be given and received. Flowers need to be appreciated and pets need to be talked to. These are some of the daily gifts we can give to the Mother's harmony. Listen to yourself too, for those moments of giving quietly within to rest and renew. With no winter outside, let the Mother tell you when your energy needs this quiet time. Find your own rhythms, let your life be guided by them and notice more harmony for you and others in your life.

Grandmother Bright Owl



WORKSHOPS

We love doing workshops at Chaneeg Chaneesch but need people to sign up in sufficient quantity to make them happen. Lists are by the kitchen door. We are always open to suggestions for other topics the community would like to learn about. Here's the latest news....

Soul Retrieval – w/ Deep Arrow

(\$150 +/- x 3 days)

Price depending on # of sign ups.
Date will be set if enough people interested.

Crystals 101 w/ Buh Muh

(\$15-50 – 1 day)

Price as willing / able. Date will be set if enough people interested.

Compassionate Communication– w/ Deep Arrow (\$150 +/- 3 days)

Price depending on # of sign ups.
Date will be set if enough people interested.

Applied Spirituality w/ Buh Muh (\$15 – 1 evening)

Date will be set if enough people interested.

Creating a New World – w/ Buh Muh (\$15 – 1 evening)

Date will be set if enough people interested.

Exploring Past Life Information w/ Buh Muh (\$15 - 1 evening)

Date will be set if enough people interested.



 **Chaneeg**  **Chaneesch**  **Classified** 

Announcement: Our classified listing are available to ANYONE who is actively participating in ceremony at CC at no charge, though donations are appreciated. Please support your local tribe and avail yourselves of our talented membership often and even frequently! This is highly recommended by your Grandmother Buhmuh!

Rev - Bright Owl

Consultations, Weddings, Birthings, Crossing Over Ceremonies, Coming of Age Rites, Eldering Rites, Pipe Ceremony, House Blessings, Bundles and much more!
__****

Mahala

Professional metals Artist
Commission Works & Jewelry
Products from Nikken (Air Purifiers, Water Purifiers, etc).
__****

Authentic Brain Tanning

Leather, Elk, Deer, Tanned sheep skin.
Chainsaw construction projects or other rough land needs
Barry ***_***_****

**Candace Anello LMD, RC
Energize!**

Massage – Energetic Body Work
__****

Richard Kasden

Plumbing, Drywall, Electrical,
Painting Tile work and more
__****

Rev - Luann 'Open Heart'

Reiki Master,
Beads & Craft Supplies
Ask Bright Owl for more information

Sky Bear

Beautiful Leather Pouches
Ask bright owl for more info

Ask Bright Owl

For Mountain T-Shirts \$10 each
Ask bright owl for more info

Richard Kasden

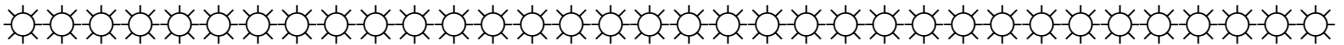
Convert VCR tapes to quality DVDs'
(*Save those precious memories!*)
Experienced computer training:
Internet, Email, Word, Excel
PowerPoint, Database creation & more
__****

Jorgen Embreus

Real Estate Associate
Lynnwood & Beyond
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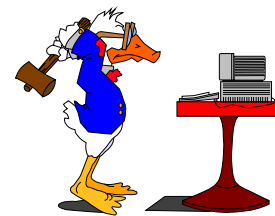
WANTED

*Tipi Poles & Logs for Cabin Building
Call Chaneeg Chaneesch*



From the editor:

Please forgive me for any typos, errors or foibles.
I try my hardest to come from only a place of love
and sincerely want the best for all my fellow beings.
My prayer: Thy will be done creator, not mine – to
me and through me, to universal love. - Larz



Submittals for the next newsletter must be received by May 15th

Let's hear YOUR story, YOUR poem, and YOUR thoughts after all it's YOUR tribe!!

