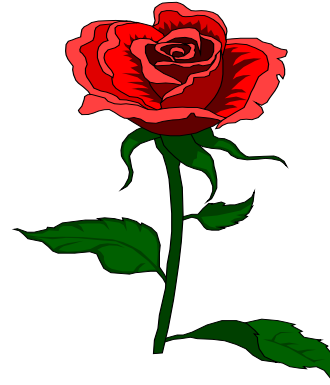


Changes in the personel

- ☞ Sunshine 'Bright Owl' Garner was officially made a grandmother at The Dance in October. Now, through OhShinnah, with a special ceremony on Bright Owls birthday she will become a Grandmother for Chaneeg Chaneesch too! You go girl!
- ☞ Larz Hitchcock has been staying at Chaneeg Chaneesch since February as an intern. Larz has volunteered for helping with the newsletter and is willing to do it quarterly if the tribe submits articles in a timely manner. His strong and steady work on the land is showing up all over and the land is happy and singing from his efforts.
- ☞ Jude 'Bluestar' Davis is moving on sometime in July after many years living here at Chaneeg Chaneesch. While leaving residency on the land, she is not leaving our hearts or our community. After she's settled in her new perfect place, we hope to see her in circle and visiting the land often. Congratulations on your changes Jude!
- ☞ The changes coming to the land is offering a couple of beautiful people the consideration of giving community living a try. May the perfect person and the land find each other in harmony soon!



YIPPEE!



Changes on the land

- ☞ The people, from both Chaneeg Chaneesch & The Dance, came together in March and built a new walkway from the drive to the house and a boardwalk to the sweat lodge, while the amount of people was small the quality was high! Well done!!
- ☞ Plantings have been completed and everything looks like its off to a good start.
- ☞ The Caterpillars have been out with a vengeance this year and the trees are having a tough time of it. Any suggestions of how to deal with them (even if in future years) that is still organically accepted would be greatly appreciated!
- ☞ The fence in the front of the land is under way and should be done by mid-May. In addition one of the predators suspected of attacking our animals was captured and given to the animal shelter (it was not harmed in any way)!
- ☞ While we lost many ducks to predators - with the new fencing we are trying again and have a batch of baby ducks!
- ☞ With the geese now in an enclosed area the main lawn is returning!
- ☞ We have decided on a water system and by Summer Solstice should have the arsenic problem taken care of. Cheers & thanks for everyone who brought safe drinking water to the land for ceremonies!



WELCOME TO LARZ!! HE IS PART OF OUR CHANGES!

WE WELCOME TO THE LAND, AND TO THE COMMUNITY OF CHANEEG CHANEESCH A WILLING AND BEAUTIFUL BROTHER, LARZ HITCHCOCK. HIS DECISION TO RELOCATE TO THE NORTHWEST FROM WISCONSIN HAS BEEN A BIG GIFT TO US! I FIRST MET LARZ ON THE JOURNEY OF THE WATERS A FEW YEARS AGO, RECOGNIZING HIM AS A LONG KNOWN RELATIVE. HE HAS BEEN A FRIEND AND STUDENT OF OHSINNAH FOR MORE THAN 20 YEARS, A MEMBER OF SAQUASOHUH (A CIRCLE IN NORTHERN CALIFORNIA) AND HAS DANCED THE DANCE. HE IS NO STRANGER TO SWEAT LODGE OR PIPE. HIS WALK IS SO CONGRUENT WITH MY OWN, IT FEELS NATURAL TO HAVE HIM AROUND. HE ALSO HAS A LOT OF ENERGY AND KNOWLEDGE THAT IS VERY NEEDED HERE ON OUR LAND. HE IS CLEARING BLACKBERRIES AND BUILDING FENCES AND BUILDINGS AND ADVISING ME ON THE TOUGH DECISIONS REGARDING THE NEED FOR A WATER FILTER SYSTEM (JUDE FOUND OUT OUR WELL HAS ARSENIC IN IT, NOT A GOOD THING FOR AN ORGANIC FARM!!) HIS CHOICE TO ALIGN WITH CHANEEG CHANEESCH IS A BLESSING FOR US WE ARE ALL LOOKING FORWARD TO GETTING MORE ACQUAINTED WITH.

IN ADDITION TO THE MANY HOURS LARZ HAS BEEN GIVING TO MAKING OUR PLACE BEAUTIFUL, A WORK CREW FROM THE DANCE CAME (THANK YOU TO KRYSTAL FOR ORGANIZING THIS, AND TO HER AND JIM, ED, WENDY, KIM, SKYBEAR AND OTHERS) AND CREATED A REALLY GREAT GRAVEL WALK FROM THE DRIVEWAY TO OUR DOOR. WE ALSO MADE A BOARD WALK ACROSS THE MUCK TO THE SWEAT LODGE AND MOON CEREMONY AREA IN THE SACRED GROVE. KRYSTAL AND JIM THEN RETURNED TO RAKE THE SOD LUMPS INTO A LEVEL YARD WHICH WAS RESEEDDED AND NEW GRASS IS GROWING TALL AND GREEN. FLOWERS IN POTS LINE THE NEW WALK AND ALL IS VERY BEAUTIFUL.

LARZ HAS ALSO BEEN CLEARING OLD ANIMAL CAGES AND HAULING ANCIENT SCRAP METAL TO THE BARN FOR PICKUP. SOME OF THAT METAL STUFF HAS BEEN LYING AROUND FOR DECADES! THE LAND IS SINGING THANK YOU SONGS FOR ALL THE ATTENTION AND CLEANUP. MAY LARZ BE HAPPY HERE FOR A LONG TIME! IT HAS BEEN A JOY TO HAVE HIM JOIN US FOR MANY OF THE CEREMONIES WE DO & LEAD OUR SPRING EQUINOX SUNRISE CEREMONY. HE HAS ALSO FOUND THE SWEAT ON WEDNESDAY NIGHTS AT THE VETERANS PARK, AND HAS BEEN MEETING OTHER PEOPLE OF GOOD ENERGY AND LIKE MIND. THIS IS SOMETHING HE SAID HE COULDN'T FIND IN WISCONSIN.

WELCOME TO LARZ!

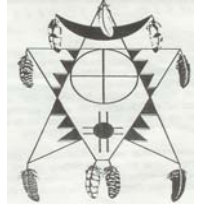
OH, AND LARZ IS ALSO NOW DOING THE WORK OF THE NEWSLETTER. BRIGHT OWL IS THRILLED TO NO LONGER BE DOING THIS. YOU WILL BE TOO, AS IT IS BOUND TO BE MORE READABLE...

PLEASE GIVE ALL NEWSLETTER FEEDBACK TO LARZ!



What is Tribe?

By Larz Hitchcock



First I want to say that this is just my opinion and perhaps I don't have it right. This is just what I currently see and feel based on my experience from being a community member in Saquasohuh (a Californian circle), Red Cedar circle (also when I was in California), & being an OhShinnah accomplice.

Whether one calls it Tribe/ Community/ Fellowship/ Circle is all the same to me. Perhaps there are semantic differences that one may get caught up on, but for me it's the knowing that you are part of a group. It's the family that 'gets you', your *real* family it often seems. It's community – in the sense that we all pitch in to make a greater good in all matters. It's social, spiritual, political, playful, a place to give and receive from, to teach and to learn from. In the old days when someone's barn burnt down, the community would just come together to build a new one- without asking - they just do it. It's networking – realizing that she makes clothes, he has agriculture and I do carpentry, so if I build her a shop and him a barn, I'll be fed and clothed. Some might say I live in a different time, but even today there are cities (yes cities) out there that have trade exchanges that eliminate the need for cash and credit cards! If being spiritual is every breath and step I take, then my being in a spiritual community is part of that. I will look to my tribal members first for answers not only to spiritual questions but as people to trade with or hire for their skills. Hey- anyone know if we have any good mechanics for trucks in this group?

Its also a regular part of life, a fellowship, not just for pipe and sweats and serious things. Some of my closest friends are tribal brother and sisters. It's great to shoot pool, go for a hike or sit around telling stories / jokes with someone who gets me & I them on a deeper level from the gatherings, not just the superficial level of doing such stupid human musings. These times of casual interplay show the humanity of me to them and v-a-v, it gives both of us deeper meaning to our spiritual side. Some of my biggest lessons with my elders were when we were just shooting the breeze and being ourselves.

From the old ways I know that tribes had council leaders, spiritual leaders, healers, shamens, teachers, warriors, story tellers, heyoke and so many other important parts that could be filled. But then what do those parts mean? What purpose do they fulfill? This is not something one goes and applies for a position to fill. In the old days it was the community that saw this in you and asked it of you. Just as the community gave this to you - it also could take it from you if you did not do the medicine in a good way. We have been removed from this way of life, yet it is in our memories, in our genes, we can go back to it in a good way if we try. Personally, I know that sometimes it is hard for me when someone asks me to do something that I feel ill prepared or insufficient about. Then I have to trust that they are seeing something that perhaps I can't and have to put my trust in creator to honor them for seeing that thing in me that they are asking for. My elders tell me this is the only way to do such things.

Tribe is also a circle, and that can be extremely tough at times. For on the wheel at some point I've been bullheaded +/- or an asshole and other times clear and insightful. I have to remember when I have an issue with anyone in circle that the issue is only with another part of myself. So that is some strong medicine to have to swallow!!

Sometimes if a tribe gets big enough, it splits into clans or in other cases a number of clans come together to form a tribe. Just as there is a commitment to the tribe of time and energy, so it is with a clan. So this is a deeper level of commitment and development. Often the focus of a clan would be one of the positions I described above, other times it would just be when a group of people all were bonded into the tribe. I am a member of the Rainbow Clan, Red Axe Clan and the Lightning Tree Clan. Each of these have significance as each clan has a focus or a thing that binds (bonds) them. Rainbow was a clan bonded into the Saquasohuh tribe in 1985, Red Axe was the Men's group, and Lightning Tree was a healers clan. I was invited into several others but felt that I would be spread too thin by trying to participate in every clan a little rather than a few strongly but such is my way.

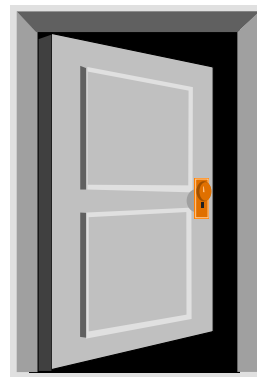
So what does all of this mean? Where am I going with this? Nothing and nothing OR everything and everything. My dear friend and sister - Bright Owl - asked me for my thoughts on tribe and the above is what I think. What Chaneeg Chaneesch does is up to the tribe! Kadeeshday

My most recent experience has been the changes happening (finally!) to my physical body. Being diagnosed by my naturopath with diabetes was a catalyst to the start of my weight loss several months ago. It has also been the motivator for a regular exercise program. I am now walking vigorously 3-4 miles a day, 3-4 times a week, and still lifting weights at the YMCA, With this and the Vanadyl my naturopath has me taking, my diabetes is under fairly good control and I've lost 40 pounds. But the most amazing thing to me is the changes forming the books by Carolyn Myss (The Anatomy of the Soul, and Creating Health") It is my goal to cure the diabetes and Carolyn Myss is helping letting me see the old stuff I've carried for maybe thousands of years that as I let go of it, the weight that was holding it for me also leaves! My most recent insight from her was that diabetes is caused by held resentments. The minute I read that, a flash of recognition moved all through me! Never in all my years of looking at my stuff has anyone even said that word, resentment. Ever since, I've been letting go of old resenting memories and feelings. In the first two day I also saw another 5 pounds fall off my body! The biggest conclusion I seem to be able to draw is that this works for me because I believe it does!!

INITIATION: AN ENERGY DOORWAY

By Baby Grandmother Bright Owl

Many of us choosing to walk a path of Spiritual learning and practice, of service to others are offered from time to time a chance to be initiated in some way into a new energy. Each time you come to moon ceremony, or to sweat lodge, each time you choose a deeper level of study of a discipline such as Sufi or Buddhist you step into a new definition of yourself, and have new tools to be the medicine you wish to be in the world. You change. How you behave may change, how you see the things you have always seen in your daily life may change, and how you appear to others may change. This means that how others behave towards you may also change and how they choose to behave is an



unknown, and a risk that some will say is "too big to mess with, so don't do the initiation." However, you know that once you start to grow, you can't go back. You can slow it down by turning away, but you can never really become again who you were before you became who you are now.

This is partly because in stepping into the initiation, you are asking for a response from the universe that is going to make your life different. If, before you do this, you can be clear about what you are going for, then the universe will tailor the energy that responds to respect and to

support what you have asked for. In this way, I really like the Native views because they have taught me to be mindful that everything I do is significant and needs me to be intentful in order to have the best experience I can with anything.

Sometime initiations carry the energy of an ancient way. These initiations are accompanied by a body of energy and sometimes also by spirits who have done the initiation and/or walked the maturity of the energy in their lifetime and are now here to help. This was my experience at The Dance in October when Grandfather ThunderCloud pulled me out of the circle and initiated me as a Grandmother for the Northwest Dance. When I was sitting on the blanket and he was crossing his staff over my head, I felt a “mantle” of new/old energy fall on me like soft rain, enveloping all of me and my energy field. Since then, many things in my life have changed, all of them seemingly to support my being a community grandmother, supporting me in finding out for myself and for my people what that is, and maybe what it means.

It led me in December to go to The Dance in New York to ask the Spiritual Grandmothers how to live with the changes that were happening and how to carry the new energy. It was a significant experience. I found the grandmothers much easier to hear, to be with. They told me to bring the rest of my life into alignment with what had happened in October. They told me to divest myself of 80% of my stuff so I would not need to spend time caretaking such things that I could be spending on working with the medicine of being a grandmother. They told me that the Healers need to be Healing each other. They told me that I needed to ask OhShinnah to do the eldering of her way for me, so that all of my life would be connected with the grandmother energy. They also told me to do the Warrior Initiation because it would be necessary for me to have that energy resource to do the work that is there for me to do. This was a lot to hear, and it has taken me a while to sort it out. When I got home, I talked with my elder, OhShinnah, who reminded me that she has been asking me when I was going to do these things for several years now. (My own agenda was to put it off for many years.... And I am not in charge, am I?) I also spoke with Grandfather Thundercloud, who gave me full support, telling me he was glad to hear I will do the Warrior Initiation because it was clear to him the times coming will be difficult and the energy of the Warriors will be needed.

Now, in May, I am in training for the Run for the Sun, the Warrior Initiation, that OhShinnah will take me through in July, just before the Grandmother ceremony. I am clear that my intent needs to be clear, that in the footsteps of my run I will leave behind what will not work for me as a Grandmother for the people, and that as I run, I will be running into the tools I need to do what needs to be done for me and for the people. The doorway that will open is into a Mystery I do not understand. I am clear, however, that I cannot do this by myself. I need everyone of you to support me in this change. You are all my family. You are the reason for my medicine walk and are medicine for me. Please, as you think of me, pray for me. Call the Warriors and the Grandmothers who are taking me into their company and tell them who you are and what our walk has been, you and I... Let them know about the people of my family that I am to be Grandmother for. Then help me learn about this new/old energy. Talk to me, please, about what you see, what you need, how we can together better now create the world of peace and harmony we all want to be experiencing, we all are here to create throughout the Changes of the Mother.

Poems & Quotes & Stories

“IN THE END, IT WILL ALL BE GOOD;
IF IT'S NOT GOOD NOW,
THEN IT'S NOT THE END.”

BRIGHT OWL

“In gentleness there is great power.
Power can be a very quiet thing. “

Sun Bear

God is Love. (period)

Everything else is something we made
up.

Fear, Hate, Anger, Pain, Lust, etc.

Anonymus

*Use not powers of mind
But for developing virtue
& to serve the universal will*

Jon Peniel

(From the show Joan of Arcadia)

“Joan, its all about what you do next. That’s the
whole thing. Each decision you do next is
another chance to do the right thing. “

God

From the ashes of my body,

I rose again in another form,

Still covered with dust from my transformation.

I ascend shedding the weight of yesterday,

Yearning to see the light,

Time to leave the darkness behind,

To become what is to be,

What is.

Larz Hitchcock

It is above that

Along the Milky Way

Along the flower trail

Picking flowers on our way

you & I shall go;

You & I shall go

you & I shall go

You & I shall go.

WINTU SONG (TRANSLATED 1835)

Chaneeg **Chaneesch** **Classified**

Rev - Bright Owl

Consultations, Weddings, Birthings,
Crossing Over Ceremonies, Coming
of Age Rites, Eldering Rites, Pipe
Ceremony, House Blessings,
Bundles and much more!

__****

Mahala

Professional metals Artist
Commission Works & Jewelry
Products from Niccon.

Ask bright owl for more info

Kim Parks-Halvorsen

KMH Otter Designs - Jewelry
Northwest Coast Art,
Computer illustrations

__****

Luann

Reiki Master, Beads & Craft
Supplies

Ask bright owl for more info

Rebecca Thompson

Energy Work & Reiki Master

__****

Tom Spirit Hawk

Massage Therapist,
Shiatsu, Breath Work,
Pipe Maker, Pipe Ceremonies,
Sweat Lodge

__****

Sky Bear

Beautiful Leather Pouches
Ask bright owl for more info

Larz Hitchcock - Designer

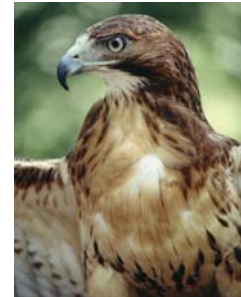
Residential Design
Environmental Design Specialist
Massage Therapist, Tarot,
Counseling, Beginners Yoga

__****

Theresa Brekenridge

Metal Meat Trailer - Best Offer
20'x 8' road worthy (single trip)

__****



Watching for you

That's it for this addition! Please forgive me for any typos, errors or ego foibles – I come from a place of love and only want the best for all my fellow beings. Thy will be done, not mine – to me and through me, to universal love.

Submittals for the next newsletter must be received by Sept. 1st

If we shift to a quarterly - the choice is yours!

Submittals for the next newsletter must be received by Nov. 13th

If we stay Bi Annual - the choice is yours!
